



Physician's Request for Special Dietary Accommodations

All sections must be completely filled out before form will be accepted. Date: _____
School Year: _____

Part I (To be completed by Parent/Guardian)

Name of Student (Last): _____ (First): _____ Date of Birth: ____/____/____
 School Attended: _____ Grade: _____ Student ID#: _____
 Which meals will the child eat at school (please circle)? Breakfast Lunch After School Snack Supper
 School Nurse/Nurse Consultant: _____ Contact Information: _____
 Parent/Guardian: _____ Phone #: _____ E-mail: _____

I give Health Services/Nutrition Services permission to speak with the below named Physician or Authorized Medical Authority to discuss the dietary needs described below.

 Parent/Guardian Signature Date

Part II (Must be completed by School Nurse or Physician)

Does the child have a medical disability which affects one of the major life functions which necessitates a meal accommodation? (please circle) Yes No

Under Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act (ADA) of 1990, a "person with a disability" is any person who has a physical or mental impairment that substantially limits one or more life activities.

Major life activity affected by the disability (check all that apply):

Breathing Walking Speaking Performing Manual Tasks Learning Eating
 Major Bodily Function (immune system, digestive, bowel, bladder, respiratory, skin integrity, etc.)
 Please describe: _____

If yes to the above question, Part III must be completed and signed by a Licensed Physician.
 If no to the above question, Part III may be completed and signed by a Licensed Physician or Recognized Medical Authority.

Part III (To be completed by Licensed Physician or Recognized Medical Authority [i.e. Physician Assistant or Advanced Practice Nurse])

Medical Diagnosis: _____

Foods to be avoided:

_____ Fluid milk _____ All dairy products _____ All milk protein (casein, whey, etc.) _____ Soy protein
 _____ Wheat _____ Gluten _____ Eggs _____ All egg protein (albumin, etc.)
 _____ Seafood _____ Corn (as major ingredient) _____ All corn additives (dextrin, caramel color, etc.)
 _____ Peanuts _____ All nuts _____ All foods produced in a facility with nut containing products
 _____ Other (Please be specific): _____

Foods to be substituted: _____

(For non-disabled students who cannot have fluid milk, nutrition services will choose the most appropriate milk substitute.)

Texture Modification: _____ Soft _____ Minced _____ Pureed Other (specify) _____

Name of Medical Authority (please print): _____

Signature: _____ Date: _____
 Phone: _____ Fax: _____

Mailing Address: _____

Send completed forms to school nurse/nurse consultant. Physician's requests should be renewed each school year.
Any change of treatment must be requested in writing by the physician. To ensure that the request is processed prior to the first day of school, submit the request no later than one month prior to the first day of school

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